

Date: Friday, 18 July 2014

Time: 9.30 am

Venue: Shrewsbury Room, Shirehall, Abbey Foregate, Shrewsbury, Shropshire,  
SY2 6ND

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## HEALTH AND WELLBEING BOARD

### TO FOLLOW REPORT (S)

#### **12 INFORMATION: Children Young People and Families Plan Final Document (Pages 1 - 26)**

A report will be made.

Contact: Karen Bradshaw, Director of Children's Services Tel 01743 254201.

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Shropshire Clinical Commissioning Group



## Health and Wellbeing Board 18 July 2014

### CHILDREN'S TRUST – CHILDREN YOUNG PEOPLE AND FAMILIES PLAN

**Responsible Officer Karen Bradshaw**

Email: Karen.bradshaw@shropshire.gov.uk

Tel: 01743 254201

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#### 1. Summary

1.1 Please find in Appendix A the final Children, Young People and Families Plan 2014.

1.2 This plan is a refresh of the previous Children and Young People's Plan and continues to highlight our four key outcome areas in Shropshire:

1. Ensuring all children and young people are safe and well looked after in a supportive environment
2. Narrowing the achievement gaps in education and work
3. Ensuring the emotional wellbeing of children and young people by focusing on prevention and early identification
4. Keeping more children healthy and reducing inequalities

1.3 In order to deliver on these outcomes consultation and engagement exercises with practitioners, children and young people and the voluntary and community sector has provided us with our key priorities:

- Family including hidden harm
- Transition planning and arrangements
- Emotional/ mental health and wellbeing
- Building communities

1.4 Currently the delivery plan is under development and the Children's Trust will track progress against our priorities.

1.5 As a partner of the Health and Wellbeing Board the Children's Trust will regularly report on progress against our delivery plan, particularly around children's emotional/ mental health and wellbeing to ensure planning and services are appropriately connected.

#### 2. Recommendation:

2.1 That the Board accept the Children, Young People and Families Plan for information and make any appropriate comment or discussion.

# REPORT

## 3. Risk Assessment and Opportunities Appraisal

(NB This will include the following: Risk Management, Human Rights, Equalities, Community, Environmental consequences and other Consultation)

3.1 The work of the Children's Trust impacts on Health Inequalities; and all work being undertaken by the Children's Trust work streams considers impact on health inequalities.

## 4. Financial Implications

4.1 There are no immediate financial implications associated with this report.

## 5. Background

n/a

## 6. Additional Information

n/a

## 7. Conclusions

n/a

<b>List of Background Papers (This MUST be completed for all reports, but does not include items containing exempt or confidential information)</b>
<b>Cabinet Member (Portfolio Holder)</b> Cllr. Karen Calder
<b>Local Member</b> All
<b>Appendix</b> Shropshire Children's Trust: Children, Young People and Families Plan 2014.

# Shropshire Children's Trust

Children, Young People and Families Plan 2014



Shropshire Children's Trust is a partnership group led by Shropshire Council.

# Foreword



**Councillor Ann Hartley**

Portfolio Holder –  
Children's Services



**Karen Bradshaw**

Director of  
Children's Services

**Shropshire Council and its partners believe that collectively we deliver good services for children and young people, and we also know we can do better. Over the last few years there has been significant changes in the way we do business; we have continued positive working relationships with our partners and stakeholders and we have identified key priorities that should improve the lives of our vulnerable children and families.**

The current economic austerity requires significant budget savings across public sector organisations but the Children's Trust partners continue to seek to achieve these while ensuring early intervention, preventative and targeted services meet need. Over the next few years, we will continue to develop a more diverse range of provision in partnership.

Our services are continuing to evolve to ensure that they join up more actively at the local level; ensuring that early support for families and professionals is easily accessible. Through strong partnerships with parents and listening to the voice of children and young people we will increasingly look to reshape our services and ensure that they are responsive to individuals' needs.

There is a real will to improve outcomes for children and young people amongst frontline workers and we want to enable them to work in a more flexible, customer focussed way.

The Children's Trust believes that working in partnership means that we can make the best of each other's skills and contributions and achieve more together. This Children and Young People and Families Plan sets out the way in which we intend to do this.

# Executive Summary

**The focus of public services in Shropshire is around building stronger communities together in partnership with the communities we serve and with all stakeholders.**

**More specifically, the Children's Trust wants all children and young people to be happy, healthy, and safe and reach their full potential, supported by their families, friends and the wider community.**

## Outcome Areas

1. Ensuring all children and young people are safe and well looked after in a supportive environment
2. Narrowing the achievement gap in education and in work
3. Ensuring the emotional wellbeing of children and young people by focussing on prevention and early intervention
4. Keeping more children healthy and reducing health inequalities

## Key Areas of Focus for the Children's Trust

The Children's Trust is keen to focus on specific areas where it can make a real difference as a partnership group. The following are key areas to focus development:

- Family including hidden harm
- Transition planning and arrangements
- Emotional/ mental health and wellbeing
- Building Communities



# What Children and Young People told us

## Transport

Transport too expensive! –  
adult is not 16yrs old!!

Lack of evening  
public transport



## Children, Young People and Families Plan

More activities for  
younger children

More severe punishment for  
bullying & to prevent it from  
happening in the 1st place

Quantity of drugs are increasing in  
schools – Leads to bullying – Peer pressure

Lack of funding for youth groups

## Unemployment/education

Low aspirations for and with  
the young. Children have the  
potential to achieve great  
things, but do not always  
have the opportunity

Prioritising education –  
especially for children  
with special needs

More praise for young  
people & more help and  
knowledge  
for young re: jobs & careers

More help to achieve full  
potential in schools

Focus on all students who  
want to do well.  
Not just the high achievers

## Safe & Secure family

Better £ for parents to pay debt

Better support for my family

Support for young carers

More support for children in poverty – to  
stay in school – more self esteem, for jobs



# Children's Trust – Who are we?

**The Children's Trust is a partnership group that works across organisations to ensure the implementation and provision of improved and better joined up services and support for children and families. The key focus of the group is to add value to service delivery through partnership working; to enable more efficient service delivery, whilst keeping the protection and safety of children and their families at the heart of decision making.**

The Children's Trust meets bi-monthly and membership includes the Director of Children's Services, the Shropshire Clinical Commissioning Group, the Voluntary and Community Sector, Youth Offending Service, Schools, the Police, the Fire Service, the Head of Safeguarding, the Director of Public Health, and Family Solutions.

The Children's Trust works alongside the Shropshire Safeguarding Children's Board (SSCB) and the Health and Wellbeing Board (HWBB) to improve the lives of children, families and people living in Shropshire. As such the Children's Trust delivers key components of the Health and Wellbeing Strategy including improving the mental health of children and young people, reducing health inequalities and ensuring that children, young people and families are engaged with our processes. The Health and Wellbeing Strategy can be found [here](#).

The SSCB monitors the effectiveness of the safeguarding for children in Shropshire. While the Children's Trust must have oversight of the implementation of services for all children, it is important for the Trust to ensure it is working closely with the SSCB and that priorities support



the work of both. The Shropshire Safeguarding Children's Board is focussing on Compromised Parenting; Children who go missing (including child sexual exploitation and trafficking); and Communication – more details can be found [here](#). Recently a Memorandum of Understanding has been developed between the SSCB and the Children's Trust, which both groups have agreed and endorsed. This memorandum works to ensure that our governance arrangements provide an effective and transparent framework, and to clarify our roles and responsibilities in keeping children and young people safe and their wellbeing promoted.

It is widely recognised that in Shropshire, services for children and their families are supported by the Voluntary and Community Sector (VCS) and the Children's Trust will ensure that the VCS continue to be an integral part of the planning and delivery of services for children and families.

#### **Case Study –**

Before entering foster care Amy was in trouble with the police and constantly missing school. She described the day she entered her first foster placement as the day that changed her life.

Amy started to thrive in her school environment and received support and encouragement in her passion for singing, acting and dancing.

She won a scholarship through an audition to a stage school, describing her change as 'surreal, as only a few months back I couldn't afford one pound fifty to attend my local dance class'.

Amy has subsequently moved out of the county after being accepted by a prestigious college to study Musical Theatre which she said was 'way beyond where I thought I could have been, I never would have thought that it was possible to achieve so much in so little time'.

# What are the Children's Trust Principles?

## The Children's Trust will:

- Maintain and build on strong relationships with other partnership networks, such as the Shropshire Safeguarding Children's Board (SSCB) and the Health and Wellbeing Board (HWBB) to take forward priorities;
- Work closely with all partners including the voluntary and community sector to design and implement services and support;
- Make decisions that work to protect children and young people, ensuring they are kept safe and happy;
- Involve, respect and hear the voice of young people; engage appropriately with all stakeholders
- Base decisions on evidence (the Joint Strategic Needs Assessment (JSNA) and engagement) and identified need;
- Consider collaboration as a starting point for all new or reviewed initiatives; Connecting work programmes and improving communication

### Case Study –

A Mum and her children were referred to stay and play sessions at a local children's centre by the Health Visitor. The older child had speech and language delay and was supported to enrol in nursery which helped him progress. The mother, who was a lone parent, was at risk of becoming homeless and was suffering depression. There were concerns around her attachment and response to her baby. The family were supported using a multi-agency approach which helped them in being re housed. This improved the mums mental health and the relationships with her children.



# Why a Children and Young People and Families Plan?

**At a time of significant change, services for children are looking at ways of working that support service delivery through integration and partnership. This refreshed plan sets out who needs to be involved and focusses on key priorities and actions for supporting the development of services for children and their families.**

The Plan is for commissioners, services, and all stakeholders to understand current thinking, to provide an opportunity to engage and an understanding of who to engage with.

The plan is specific and focussed on what the Children's Trust will do in partnership to add value to existing services and to explore new ways to achieve our outcomes and improve the lives of children and families in Shropshire.

Children's services in Shropshire Council are developing new ways of working that focus on prevention and early identification of need that support the whole family; reducing the number of people who are accessing services with a high level of prolonged intervention; focussing on mental health; developing community resilience; increasing financial efficiencies and communication.

Through locality working the Council and partners want to understand the needs of the community and redesign services to meet those needs in the most effective way and efficient way. Health Services, through the Healthy Child Programme, are turning focus to prevention and de-escalation from services with a high level of prolonged intervention.

The Trust recognises that moving forward it must work more closely with adult services and all partners to understand the needs of a whole family. Doing this will ensure that we can build on community capacity, build partnerships and build on the excellent work of voluntary and community sector.

### Case Study –

A year 11 girl who has been attending homework club for 7 years has had a traumatic term. Her home life is unstable as she has gone from living with her mum to moving in with her dad and brother. After only a couple of weeks the decision was made that she should move to Manchester under the guardianship of her older sister. Throughout all of this she was very confused and as a consequence she started self-harming. This was brought to the attention of the Library Homework Club Coordinators who reported it to her social worker and her school support worker. The girl later confided to the Homework Club Coordinators that she did not want to move to Manchester and was in fact just lonely as her dad spent a lot of his time with a new partner. Following liaison with the school who informed her dad, the Homework Club has supported them both in rebuilding their relationship. As a result, dad now regularly comes to Homework Club for advice and support on matters concerning his daughter and with continued support their relationship should remain positive at this crucial academic time for her.



# Context – What is it like for Children Living in Shropshire?

The Joint Strategic Needs Assessment (JSNA) tells us that overall Shropshire is a fairly affluent county with relatively low levels of childhood poverty. Children in Shropshire are more likely to achieve good attainment at school, be healthy and less likely to be in care than in many other areas in England. However, inequalities still exist and children living in the most deprived areas of Shropshire are less likely to achieve good attainment at school, and are more likely to be unhealthy. Vulnerable groups of children such as looked after children (LAC) and those with special educational needs and disability (SEND) are also less likely to be healthy and more likely to have poor attainment at schools than children overall in Shropshire.

## **1. Ensuring all children and young people are safe and well looked after in a supportive environment**

Most children in Shropshire do grow up in a stable and safe family environment. However, this is not the case for all children and this can have a significant and lifelong impact on their future lives. Through consultations young people themselves have told us that having a safe and secure family life is one of the most important things for them, and should be the top priority for the Children's Trust. In achieving this it is important that this includes providing support for the whole family and not just the children. Where it is not possible for children to live in a family setting, they should still experience a family like environment that is supportive and caring. [Link to JSNA](#).

## **2. Narrowing the achievement gap in education and in work**

There is a relationship between educational attainment and future income, the longer people spend in the education system the more likely they are to access to employment. Therefore, educational attainment can be seen as an indicator of a person's future employment and income status. The Shropshire JSNA and the HWBB have highlighted educational outcomes for vulnerable children and young people

as a priority in Shropshire. In Shropshire there is a significant gap in pupil attainment, with pupils receiving free school meals having lower attainment levels than those who do not receive free school meals and the same pattern has been identified in children with Special Educational Needs and Disability (SEND).

### **3. Ensuring the emotional wellbeing of children and young people by focussing on prevention and early intervention**

Emotional wellbeing is vital for children and young people and those with low emotional wellbeing can suffer mental health problems that can lead to tragic consequences. These include suicide, substance misuse, inability to live independently, involvement in the criminal justice system, failure to complete school, lack of vocational success and other health problems. The JSNA has highlighted child and adolescent mental health as a local priority. Emotional wellbeing issues do not affect the population equally; children from the poorest fifth of areas in England are three times more likely to suffer from mental health problems than those from the most affluent fifth. Also Looked after Children (LAC) and children with learning disabilities are more likely to suffer mental health problems than other children.

### **4. Keeping more children healthy and reducing health inequalities**

Ensuring that children have the best start in life is vital for reducing health inequalities. Much of a person's future health and wellbeing is determined by at a young age (ie "Early Years 0-5) development. Although overall children in Shropshire are relatively healthy there are inequalities in children's health.

The JSNA highlights several health issues for children as being a priority in the local area, e.g. smoking in pregnancy, childhood obesity, diet and food and physical activity. Children living in the most deprived areas of the county are less likely to have a healthy diet and more likely to be obese. Similarly mothers living in the most deprived areas and those that are younger are more likely to smoke during pregnancy and less likely to breastfeed compared to mothers living in more affluent areas and those in older age groups. This also highlights that in order for children to be healthy they need to live in healthy families.

# Involving and respecting the voice of young people, their families and the community

Quotations from Children's Centres

"Are you going to involve young people in making it happen? Are you really going to listen?"

"Communication at the moment is quite simple and boring, you need to make it more appealing and talk to children directly"

"My brother was in care and no one asked me how I felt or if I wanted to go and see him"

**Action** – 'build a better community group through voluntary work'

**Outcome** – 'more children healthy, reduced health inequalities'

**Improvements** – 'communities will be involved in creating a positive environment'

The delivery of this Children and Young People Families Plan is reliant not only on our partners on the Children's Trust (the Police, the Fire Service, Shropshire CCG, the VCSA, Schools and Colleges, Shropshire Council, and the Youth Offending Service) but our partners in the community including children and families, businesses, other partnership groups, and community groups.

The Trust also recognises that it cannot fully understand need or the impact of services without asking all stakeholders, including service users. Consultation and engagement exercises are undertaken routinely through service areas and through strategic planning. The results of these pieces of work are collated as part of the JSNA and published on the Shropshire Together (partnership) website.

Twice a year the Children's Trust meets with stakeholders across Shropshire; this engagement, along with engagement over the year, has provided the Trust with four focus areas for development which include a focus on:

- **Family including hidden harm** (including Domestic Abuse and substance misuse)
- **Transition planning and arrangements**
- **Emotional/ mental health and wellbeing**
- **Building Communities**

More details about the Area Forums and about workshops held with the VCS and the Shropshire Members of Youth Parliament and Young Health Champions regarding the actions within this refreshed plan can be found [here](#).



# Shropshire Children's Trust

Children, Young People and Families Plan 2014

# The Plan

# The Plan

## 1. Family including hidden harm

We believe that the family is the key influence on children and young people, and we must develop our services that take an approach that supports the whole family. We need to look at hidden harm, such as domestic abuse, drug and alcohol addiction, and parental mental ill health, and make best use of our collective resources to reduce the harm caused to children.

### Actions for the Children's Trust

Action	Outcome(s)	Strategic Links	What will improve	Measures
<p>1. Develop an integrated locality support service to provide targeted early help to children and families. The integrated service will bring together existing services including targeted youth support, family solutions, children's centres, communities, the voluntary sector and social workers to support universal services and lead professionals to deliver early help.</p> <p><b>Interdependencies with: All actions</b></p>	<p>Keeping children safe by preventing children's additional needs increasing in complexity and impacting negatively on their health and development; and by preventing lower level risk of harm developing into of significant risk of harm.</p>	<p>Locality commissioning</p> <p>VCSA – Children's Summit Priorities</p> <p>Healthy Child Programme</p> <p>Early Help Strategy</p> <p>SSCB Priorities</p> <p>Family Solutions</p> <p>Early Help Leadership Group</p> <p>Early Help Outcomes Framework</p>	<p>Parents will feel more supported to meet the needs of their children.</p> <p>Children will feel happy and safe in their experience of family life.</p> <p>Hidden harm will be identified early, support and services put in place to address family needs.</p>	<p>Creating and delivering the service/ mechanism</p> <p>Early identification of risk and prevention of referrals to tier 3 services</p> <p>Reduction in the referral and re-referral rate for tier 3 services</p> <p>Numbers accessing Early Help</p>

## 1. Family including hidden harm continued

Action	Outcome(s)	Strategic Links	What will improve	Measures
<p>2. Communicate effectively with partners and stakeholders to ensure clarity around the new Compass single point of access for early help. Engagement of the community and universal services in the identification and delivery of early help on a locality basis.</p> <p><b>Interdependencies with: actions 1, 9, 10, 11</b></p>	<p>Keeping Children Safe</p> <p>Identifying early help at the first signs of problem and in early years providing accessible services to parents and children at the right time.</p>	<p>Communications Strategies for:</p> <p>SSCB priorities</p> <p>Early Help (EnHance)</p> <p>CAMHS</p> <p>CCG</p> <p>VCSA – Children’s Summit</p> <p>Early Help Leadership Group</p>	<p>The development of a range of needs led early help services responding to community need. Professionals feeling supported to provide early help by qualified social workers and through non bureaucratic processes.</p>	<p>Referral and re-referral rates for tier 3 services</p> <p>Stakeholder and partner feedback</p>
<p>3. Develop a Corporate Strategy for Looked After Children, to ensure that Shropshire Council and partners fulfil their corporate parenting role.</p>	<p>Keeping Children Safe</p>	<p>Corporate Parenting Panel</p> <p>SSCB priorities</p> <p>Shropshire Council priorities</p>	<p>Shropshire Council and Partners fulfil respective roles as corporate parents by providing safety and life chances for looked after children.</p>	<p>Development of the Strategy and partnership sign up</p> <p>LAC Dashboard to be presented to the CT annually</p>
<p>4. Work with the SSCB to evaluate the impact and effectiveness of the Joint Working Protocol between Adult Substance Misuse team, Public Health, Children’s Social Care Services, and Community Safety, and ensure that it is embedded into all social working teams, redesigned services including Early Help (EnHance service), Children’s Centres and Locality working.</p> <p><b>Interdependencies with: actions 1 and 5</b></p>	<p>Keeping Children Safe</p>	<p>Community Safety Partnership Strategy</p> <p>Drug &amp; Alcohol Action Team (DAAT)</p> <p>SSCB priorities</p> <p>Shropshire Domestic Abuse Strategy</p>	<p>Better partnership working and communication will result in less duplication and better identification of hidden harm in families.</p>	<p>Revised joint working protocol based on impact and effectiveness evaluation</p> <p>Progress reported bi-annually</p>

## 1. Family including hidden harm continued

Action	Outcome(s)	Strategic Links	What will improve	Measures
<p>5. Work with the Community Safety Partnership and the Shropshire Countywide Domestic Abuse Forum (SCDAF) to develop a Voluntary Perpetrator's Programme for domestic abuse. This programme to link in with all social work teams, GP practices, Care Leavers, and other partners to ensure appropriate referrals.</p> <p>This programme needs to link with services that interact with families who are on the cusp of further involvement with social services.</p>	Keeping Children Safe	Community Safety Partnership Strategy SSCB priorities Shropshire Domestic Abuse Strategy DAAT Freedom Programme CRUSH Care Leavers - 16 + Team Criminal Justice Forum of Interest Priorities	Increased Opportunity for perpetrators to explore their behaviour and its impact on their families. Safe and effective management of risk/ breaking the cycle of abuse	Development and delivery of the Perpetrator's programme. Numbers attending the programme Domestic abuse re-offending rates (police)

### Case Study –

Parents attending Healthy Eating and Nutrition for the Really Young (HENRY) courses said: 'We've used the reward charts and my child is now eating more and trying new things' 'We now all sit down and eat together and my children are eating better and talking to me more' 'Mealtimes are more relaxed and we do a lot more as a family, like going for walks' 'I'm more conscious of the salt content in foods and I don't add it to my cooking any more.

## 2. Transition planning and arrangements

Greater emphasis must be made on services that support children as they transition to a new phase or transition from childhood to adulthood, especially children who have a disability or who are disadvantaged. These are times when the availability of options and support for children can make a big impact on their future. Partners will need to link closely with education establishments, businesses and with other support services such as housing.

### Actions for the Children's Trust

Action	Outcome(s)	Strategic Links	What will improve	Measures
<p>6. Work with partners and stakeholders to implement the Special Educational Needs and Disability Reform, that includes developing an all age SEN strategy with Adult Social Care so that we are more able to determine the services that will best meet their overall needs, ensuring that parent carers and key stakeholders coproduce plans and services and where appropriate through increased use of personal budgets.</p> <p><b>Interdependencies with : actions 1, 9 and 9a</b></p>	Narrowing the achievement gap	SEND Pathfinders SEN & Disability 0-25 Strategic Group	Parents, children and young people will be directly involved in developing the services that they will use, ensuring that services reflect the needs of the children, young people, parents and carers who use them and address issues as young people transition to adulthood.	Education and Care plans agreed. Feedback from stakeholders and service users Increase in accessing post 16 education
<p>7. Providing NEETS (children who are not in education, employment or training) with opportunities – working with partners to track NEETS and provide opportunities for work, apprenticeships, or further education that suits the abilities of that child, along with preventative activity, providing the support required for those at risk of becoming NEET and in so doing reducing the number of potential NEET young people.</p> <p><b>Interdependencies with : actions 1 and 8</b></p>	Narrowing the achievement gap	Social Value Framework RPA (raising(raising the participation age) SEND pathfinders SSCB priorities HWBB priorities	Young people will have education, training and employment opportunities which will allow them to make a positive transition into adulthood. Services will reflect the needs of young people who have difficulty accessing education, training and or work.	Reduction in the number of young people classed as NEET Increase in participation in education, training or employment with training by young people

## 2. Transition planning and arrangements continued

Action	Outcome(s)	Strategic Links	What will improve	Measures
<p><b>8.</b> Care leavers – for those 18 and over, ensuring that care-leavers access appropriate housing, education, training and work to ensure that they avoid poverty and homelessness. Innovative cross partnership working for high risk care leavers as they transition to adulthood and the need for adult services.</p> <p><b>Interdependencies with : actions 1, 3 and 7</b></p>	Narrowing the achievement gap	<p>SSCB priorities</p> <p>Care leavers (16 + team)</p> <p>Joint Substance Misuse working protocol</p> <p>Perpetrators programme – domestic Abuse</p>	Partners will be working together to support the most vulnerable children.	<p>Percentage of care leavers in employment, education or training</p> <p>Percentage of care leavers in appropriate accommodation</p>



### 3. Emotional/ mental health and wellbeing

Mental Health of children continues to be a key priority across stakeholders. When the Members of Youth Parliament asked their peers about their health priorities, mental health was their biggest concern. The Children's Trust must focus on ensuring that services for children are right, that children find the support they need when they need it. Mental health is also a serious concern when working with families; the mental health and wellbeing of parents plays a key role in the life chances of children.

#### Actions for the Children's Trust

Action	Outcome(s)	Strategic Links	What will improve	Measures
<p><b>9. a.</b> Ensure the implementation of a redesigned CAMHS (Child and Adolescent Mental Health Service) that incorporates clear pathways and is supported by TAMHS (Targeted Mental Health Service) across Shropshire.</p> <p><b>Interdependencies with : actions 1 and 2</b></p>	<p>Ensuring the emotional wellbeing of children</p> <p>1-4</p> <p>Good mental health will support all Outcomes</p>	<p>Healthy Child Programme</p> <p>Health and Wellbeing Board Strategy</p> <p>SSCB priorities</p>	<p>Access to a comprehensive CAMHS and improved overage of preventative work through TAMHS. Children will be more resilient and happier.</p>	<p>Delivery of the redesigned service</p> <p>Reduction in the referrals for specialist service.</p> <p>Reduction in inappropriate referrals for specialist service.</p>
<p><b>9.b.</b> Work with partners to promote the Shropshire Self-Harm Pathway; ensure that the pathway is promoted in schools and communicated to parents; ensure that the pathway is appropriately linked to service design, tier two support, GP surgeries, the voluntary and community sector to ensure that the self-harm pathway supports the work they do with children and families.</p> <p><b>Interdependencies with : actions 1 and 2</b></p>	<p>Ensuring the emotional wellbeing of children</p>	<p>Shropshire Self-Harm Pathway</p> <p>CAMHS Service</p> <p>TAMHS</p> <p>Early Help Strategy</p> <p>SSCB priorities</p>	<p>Self-harm will reduce in Shropshire.</p>	<p>Reduction in self harm admittance to hospital (public health outcomes framework)</p> <p>Work with schools to develop a reporting mechanism</p>

### 3. Emotional/ mental health and wellbeing continued

Action	Outcome(s)	Strategic Links	What will improve	Measures
<p><b>9. c.</b> Conduct an Autism Needs Assessment for Shropshire that looks to understand prevalence, service need/ demand, and current provision across all sectors.</p> <p><b>Interdependencies with : actions 1 and 2</b></p>	Ensuring the emotional wellbeing of children	<p>CAMHS Service</p> <p>Early Help Strategy</p> <p>Shropshire Adult Autism Strategy</p> <p>SEND Action Plan</p> <p>0-25 Strategic Group</p> <p>Autism Steering Group</p>	There will be a greater understanding of the support required for children with autism and their families and their needs as they transition to adulthood.	<p>Increase in support for families with a diagnosis of autism or behavioural disorder</p> <p>Number of contacts for support via Early Help and Compass for behavioural concerns or autism</p>
<p><b>10.</b> Ensure the signposting and roll out Solihull Parenting Programme across support agencies. Make appropriate links with parenting support initiatives.</p> <p><b>Interdependencies with : actions 1 and 2</b></p>	Ensuring the emotional wellbeing of children	<p>Healthy Child Programme</p> <p>SSCB priorities</p> <p>Public Health/ Making Every Contact Count</p>	<p>Families will have greater access to parenting support.</p> <p>Improved parental mental health</p>	Number of parents accessing Solihull Parenting Programme

#### Case Study –

Cameron is 16 and has been working as a young volunteer with Bridgnorth Youth Centre and the Bridge Bar helping other young people who have physical or learning disabilities. His dedication has recently won him the “Mayor's Award” in Bridgnorth.



## 4. Building Communities

The JSNA tells us that overall Shropshire is a good place to grow up; however, pockets of deprivation mean that we have over 6,800 children living in poverty. These children have significantly higher health inequalities. Through focus groups some of these children have told us that their health concerns focus around personal safety, pregnancy, family breakup, school and poor diet. Tackling poverty is an issue that encompasses a whole society approach. In Shropshire we can help by building community resilience and helping communities find the assets already existing with in their communities to support and build a better future.

### Actions for the Children's Trust

Action	Outcome(s)	Strategic Links	What will improve	Measures
<p><b>11.</b> Supporting community development and building community resilience through involvement of communities and the VCS in locality working.</p> <p>Supporting community infrastructure development via programmes such as Young Health Champions, Energize, Volunteering in the Public Sector and Dementia Friendly Shropshire.</p> <p><b>Interdependencies with : all actions</b></p>	Keeping more children healthy and reducing health inequalities and all outcomes	<p>Health and Wellbeing Board</p> <p>Locality Commissioning/ Working</p> <p>Healthy Child Programme</p> <p>Social Value Act</p>	Communities will feel empowered and will be involved in creating a positive environment for their children and families.	<p>Development measure as part of the Social Value Framework</p> <p>Develop measure as part of locality work streams – Shropshire Council</p>
<p><b>12.</b> In conjunction with the Health and Wellbeing Board support the development of services that work to reduce inequalities, including the wider determinants of health (income, employment, housing)</p> <p>Focus on the prevention agenda (including healthy weight, active lifestyles, physical activity and emotional wellbeing for young people).</p> <p><b>Interdependencies with : all actions</b></p>	Keeping more children healthy and reducing health inequalities and all outcomes	<p>National Child Poverty Strategy</p> <p>Health and Wellbeing Board (Outcome – Health Inequalities)</p> <p>SSCB priorities</p> <p>Local Enterprise Partnership (LEP) priorities</p> <p>Business Board priorities</p> <p>Community Safety Partnership Strategy</p> <p>Local Nature Partnership priorities</p> <p>Social Value Act</p>	Partnerships working to reduce inequalities in Shropshire will be further joined up. This will mean that partners will understand their role in reducing inequalities and child poverty; inequalities will start to reduce.	<p>Reduction in the number of children reported to be living in Child Poverty by 2020.</p> <p>Public Health Outcomes Framework</p>

## Appendix A

### Glossary of Terms

**DAAT** – Drug and Alcohol Action Team

**CAMHS** – Child and Adolescent Mental Health Service

**TAMHS** – Think Good Feel Good/ Targeted Mental Health Support

**SSCB** – Shropshire Safeguarding Children's Board – assesses the effectiveness of local safeguarding arrangements and works to improve services and the coordination of efforts across partner organisations

**Solihull Parenting Programme** – a course that helps parents to increase their knowledge of strategies and solutions for responding to children's behaviour; they improve their interactions with their children and are better able to recognise and respond to their own and their children's feelings.

**LSCB** – Local Safeguarding Children Board (in Shropshire this is the SSCB)

**SCDAF** – Shropshire Countywide Domestic Abuse Forum

**Compromised Parenting** – is a term used to describe situations when parents' capacity to safeguard and appropriately care for their child(ren) is limited, (or compromised), due to the following factors: Domestic Abuse; Substance misuse; Parental Mental ill Health

**MAPPA** – Multi-Agency Public Protection Arrangements – partner agencies who work to jointly manage the most serious offenders in our community

**Parent and Carer Council (PACC)** – is a local parent carer forum and promotes the participation of parent carers in the planning and delivery of services for children and young people (0-25 years) with disabilities or additional needs in Shropshire.

**MARAC** – Multi-Agency Risk Assessment Conference – partnership approach to tackling high risk domestic abuse situations

**SPA** – Single Point of Access developed as part of Early Help to ensure that professionals and parents receive the help and support they need at the right time.

**Early Help** – describes the type of early intervention and support that can be provided when a child or young person's needs are not being met by routine universal services, but do not meet the threshold for a specialist service such as Children's Social Care (the EnHance service, is the contracted service that provides early help to families

**Compass** – a new single point of co-ordination into Shropshire Children Services. The aim is to make accessing support from children's services simple, easy and clear. Compass will also provide a single point of contact for professionals to obtain advice and support.

## Glossary of Terms continued

**Family Solutions** – The Family Solutions Programme is a family orientated intervention for antisocial behaviour, children not in school and unemployment which was created as a response to the National Troubled Families Programme

**MASH** – Multi-Agency Safeguarding Hub  
Within the MASH, information from different agencies is collated and used to decide what action to take. As a result, the agencies will be able to act quickly in a co-ordinated and consistent way, ensuring that vulnerable children and adults are kept safe.

**VCSA** – Voluntary and Community Sector Assembly – in Shropshire this organisation coordinates the voice of the voluntary and community sector through forums of interest

**Health and Wellbeing Board** –  
The Health and Social Care Act 2012 establishes health and wellbeing boards as a forum where key leaders from the health and care system work together to improve the health and wellbeing of their local population and reduce health inequalities.





# Shropshire Children's Trust

Children, Young People and Families Plan 2014

**Shropshire Children's Trust is a partnership group led by Shropshire Council.  
The partnership includes:**

Shropshire Council,  
Shropshire Clinical Commissioning Group,  
Voluntary and Community Sector,  
Probation Trust,  
Youth Offending Service,  
Shropshire Schools,  
West Mercia Police,  
Shropshire Fire & Rescue Service,  
Family Solutions.

If you'd like to more about the Shropshire Children's Trust visit [www.shropshire.gov.uk](http://www.shropshire.gov.uk)